

**1ST ANNUAL
Health and Wellness GATHERING**

MARCH 24-25, 2017

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REGISTRATION AND PAYMENT

Mail your registration form and check to the address below or register online with your credit card payment:
ALF Educational Institute
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Checks must be in U.S. funds. Credit cards with Visa, Mastercard, or Discover are accepted.

REFUND POLICY

A full refund, less a \$15.00 administration fee will be made up to 3 weeks prior to the symposium. No refunds following March 3, 2017.

QUESTIONS

Email us at bronsonfamilydentistry@gmail.com or call (703) 506-9805

March 24 -25, 2017 Wellness Symposium

Complete this form and mail with your check or go to the website and submit with your credit card payment today!

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REGISTRATION FEES

Register before Jan 15, 2017 : \$95 per person
Register after Jan 15, 2017 : \$195 per person



ALF EDUCATIONAL INSTITUTE AND BRONSON FAMILY
DENTISTRY PRESENTS
1ST ANNUAL

Health and Wellness GATHERING

A FOCUS ON WHOLE HEALTH – A NEW PERSPECTIVE ON NUTRITION, BREATHING, DENTISTRY, ORTHODONTICS, AND MYOFUNCTIONAL THERAPY

YOU AREN'T DOOMED BY YOUR GENES – UNDERSTANDING THE ROLE OF EPIGENETICS IN YOUR HEALTH

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Do you, or someone you know, suffer from a chronic illness, asthma, chronic congestion, TMJ, sleep apnea, diabetes, high blood pressure, fibromyalgia, migraines, tension headaches, or neck aches?

Does your child snore regularly, grind their teeth, have large tonsils, wet the bed, have night terrors, an over bite, an underbite, or suck their thumb?

If you or anyone you know said YES to any of these, you can't afford not to come hear about how to treat these things naturally!



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MARCH 24— FRIDAY

8am-9am Registration

9-10am Introduction—Dr. James Bronson, DDS

A review of how an interdisciplinary approach to our health care needs is the way of the future, and an in depth look at the impacts of our environment on our genetics; what epigenetics really means.

10am-12pm Are there answers to today's health problems in the past?

An in depth look at Evolutionary Oral Medicine and its impact on understanding teeth alignment and chronic illnesses. Understanding how our ancient ancestors have insight into modern oral health problems such as bad bites, teeth misalignment, and sleep apnea.

2 hours : **Dr. Kevin Boyd DDS**

12-1pm LUNCH (On Your Own)

1-3pm Orofacial Development and Airway - Optimizing and Recovering Function

A look at how bridled oral tissues and compromised airways affect function, growth and development. What it means to have a “tongue tie” or “lip tie” and how these can affect our health.

2 hours : **Dr. Leonard Kundel, DMD**

3-5pm The Quantum ALF and Wellness – Early Treatment, Sleep apnea, and TMJ

How the Quantum ALF can enhance facial growth and bone remodeling in the treatment of Sleep Disorder Breathing, Teeth alignment (Orthodontics) and Temporomandibular joint disorders (TMD). Treating from 2-92 years old.

2 hours: **Dr. James Bronson DDS**

MARCH 25— SATURDAY

8-10am Myofunctional Therapy and Wellness

How the tongue and muscles of the head and neck influence malocclusions, sleep disorder breathing, and TMD. How a simple thing like placement of the tongue in the roof of our mouths can have such a health impact.

2 hours: **Kathy Winslow RDH, COM**

10-12pm Breathing Re-education and Wellness

A look at how mouth breathing and improper breathing techniques influence teeth alignment, facial development and chronic health problems.

2 hours: **Patrick McKeown**

12-1pm LUNCH (On Your Own)

1-3pm Anti-Inflammatory Diet, Movement and Wellness

Understanding that diet, movement and nutrition are critical to healing and health. “Eating to Live. Not Living to Eat.”

2 hours: **Dr. Martin Katz MD**

3-5pm Airway mechanics, the Microbiome, and the Acceleration of Aging and the Modern Disease

Epidemics 2 hours: **Dr. Zach Bush MD**

Over the last 10 years there has been an explosion of basic science data that has revealed a link between the intestinal microbiome and systemic disease in the human host. The lack of some species, or the presence of other bacterial species correlates with the occurrence of metabolic diseases, immune dysfunction, and many cancers.

5pm Book Signing with Patrick McKeown!



James M. Bronson, DDS Founder and Director of Clinical Programs the **ALF** Educational Institute, LLC (AEI). He is a member of Omicron Kappa Upsilon, has published 3 articles and is an International Speaker. Fellow International Association of Orthodontics Certified Senior Instructor - International Association of Orthodontics Fellow Buteyko Professionals International.



Kathy Winslow, BS, RDH, COM has a private practice in Orofacial Myofunctional Therapy. She is a Buteyko Breathing Educator, and has training in Facial Reflex Integration (MNRI). She is a member of the IAOM (International Association Of Orofacial Myology), and the Osteo/Dental Interface Group. Kathy has lectured extensively on Orofacial Myology.



Kevin Boyd, DDS, MSc is a board-certified pediatric dentist practicing in Chicago. He is also an attending instructor in the residency-training program in Pediatric Dentistry at Lurie Children's Hospital where he additionally serves as chief dental consultant to the Lurie Sleep Medicine service.



Leonard Kundel, DMD is a 1999 graduate of Tuft's Dental School. He is a member of American Academy of Craniofacial Pain, International Academy of Oral Medicine and Toxicology, and an AEI Level 2 Certified Provider.



Zach Bush, MD is CEO, Biomic Sciences, Director of Clinical Affairs, Revolution Health Center, Board Certified in Endocrinology and Metabolism, Internal Medicine, Hospice and Palliative Care



Martin Katz, MD graduated from the Medical University of South Carolina. He is board certified in Family Medicine, and Sports Medicine. A primary focus for Dr. Katz is promoting health and disease prevention with an anti-inflammatory plant based diet.



Patrick McKeown a Fellow in the Royal Society of Biology, graduated from Trinity College Dublin. In 2002, Patrick was accredited as a Buteyko breathing practitioner by the late Professor Konstantin Buteyko. Having suffered from asthma, rhinitis and sleep-disordered breathing for over 20 years, he is able to offer both theoretical knowledge and his own experiences to help clients overcome similar challenges. Patrick teaches the relationship between oxygen and the body. He has helped hundreds of athletes professional and Olympic increase their endurance by simulating high altitude training. His newest book is *The Oxygen Advantage*.